

Policy Assessment for: Nutrition Education Standards in Wisconsin Schools

Exist in Wisconsin Already:

Yes No

Comments:

Draft Nutrition Education Standards to be piloted in the 2007-2008 school year; DPI & AFHK are leading

Rationale for Legislation:

- Research shows that well-designed educational programs can improve the eating habits of students

Other States/Communities with Similar Legislation:

- **California:**

- *Education Code* [§49534](#) (no date available) and *California Code of Regulation* Title 5, Division 1, Chapter 15, Subchapter 1, Article 3, [§15530](#) (1977) require local educational agencies participating in state-funded nutrition services to develop the basic elements of nutrition education programs that will coordinate classroom instruction with the food service program. *Education Code* [§51210.4](#) (2001) requires the California Department of Education to incorporate nutrition education curriculum content into the next revision of the health curriculum framework. The curriculum shall be research-based and focused on pupils' eating behavior.
- *Education Code* [§51890](#) (no date available) strongly endorses pupils receiving instruction in nutrition, which may include topics such as obesity and diabetes. *Education Code* [§51782](#) (no date available) encourages districts to develop educational programs for students in grades 7-12 in genetic diseases and disorders that provide practical information concerning nutrition.
- *Education Code* [§8995](#) (2004) encourages school administrations to offer wellness programs that provide personalized instruction about healthy eating and physical activity and ensure that nutrition services are provided at school sites.

- **Connecticut:**

- The State Board of Education's [Position Statement on Nutrition and Physical Activity](#) (2005) states that local school boards should establish policies and procedures that "require schools to allow time in the curriculum for nutrition education... and to incorporate these concepts throughout all subjects."
- Statute [Chapter 164 Sec. 10-16b](#) (1997) requires students in public schools receive instruction on nutrition. The [Healthy and Balanced Living Curriculum Framework](#) (2006) provides standards and a suggested curriculum framework for nutrition education.

- **New Jersey:**

- The [Model School Nutrition Policy](#) (2005) requires every school's curriculum to include nutrition education by September 2007. Also, the CCCS for [Comprehensive Health and Physical Education](#) (2004) includes nutrition progress indicators in Standard 2.1, which requires instruction in healthful and unhealthful foods, eating habits, weight loss and gain, and nutrition-related diseases by the end of grades 2-4.

Other Important Resources/Notes:

- Fit, Healthy and Ready to Learn: A School Health Policy Guide, National Association of State Boards of Education (School Policy Examples):
 - Nutrition Education: sequential program of nutrition instruction that is integrated within the comprehensive school health education curriculum and coordinated with the food service program; that is taught by well-prepared and well-supported staff; and that is aimed at influencing

Potential Legislative Language:

None drafted at this time