



## Residential Treatment Program

3801 North 88th Street, Milwaukee WI

414-466-9450

[www.strosecenter.org](http://www.strosecenter.org)

The Residential Treatment Program offers comprehensive therapeutic intervention for adolescent girls and young women (ages 12-18) in need of 24-hour supervision in a structured and safe environment. The program specializes in helping adolescent girls and young women with severe emotional and behavioral challenges. Treatment staff works with the girls and young women to bring about positive change in behavior, social skills, life skills, emotional controls, self-concept, and academic skills. The overall treatment experience focuses on the development of therapeutic relationships that help girls and young women experience trust and build positive coping skills that will enable them to succeed in a less restrictive setting.

### Admission

Referral information should be sent to the Director of Residential Services via fax, mail, or e-mail. The Director of Residential Services will then contact the referral source to obtain any additional information and arrange a time to interview the adolescent at their current placement. The referral source will be contacted after the interview to discuss the placement and confirm admission. Placement of the adolescent into the Residential Program will take place upon the completion of all required paperwork by the parent or legal guardian.

### Assessments

Upon admission, adolescents complete the following assessments:

- Psycho-social
- Educational
- Leisure/Recreation
- Psychiatric
- Nutritional
- Medical
- AODA (if applicable)

### Services Offered

The Residential Treatment Program offers a full range of services to adolescent girls and their families. They include:

- Therapeutic living experience
- Individualized treatment plan
- Family, group, and individual psychotherapy
- Nursing and dietary services
- Individualized on-grounds school program
- After care planning
- Social skills development
- Structured and supervised activities within the community
- AODA individual and group therapy

### Daily Living

The Residential Treatment Program has a structured, supervised daily living unit staffed by trained, professional youth care workers. The adolescents have a daily schedule that includes a morning routine to prepare for the day, an on-grounds school, scheduled homework time, recreational and personal free time, along with planned meal times. There is also an on-site therapist who conducts weekly therapeutic and living unit groups, and is available to the girls for individual, group, or family therapy needs along with any type of crisis counseling.

