

Overview

Residential Care Apartment Complex

Definition

A Residential Care Apartment Complex or RCAC is apartment housing with long term care services regulated under Chapter 50 of the Wisconsin Statutes.

Distinguishing Features

- Units are private apartments, with kitchens or kitchenettes and full private baths.
- Residents are not assigned to room with strangers.
- A range of services is available: meals, housekeeping, laundry, personal care (i.e., bathing, dressing, grooming, assistance with toileting, etc.), health monitoring and medication administration/management. Additional services, including nursing, are optional up to a 28 hour per week maximum.
- RCAC units may be intermixed with independent living apartments
- Expectation and risk agreement procedure to promote resident autonomy.
- RCACs regulations are less prescriptive and the state has fewer enforcement powers than for other facility types.
- Registered facilities serve only private pay residents; certified facilities may accept Medicaid Waiver funding. Registered facilities cannot be fined.
- RCACs cannot admit people who are "incapable of recognizing danger, summoning assistance, expressing need or making care decisions."

Care Services

| | | |
|---|---------------------------|-----|
| Most frequently used care services are: | Health monitoring | 70% |
| | Medication administration | 65% |
| | Bathing | 45% |
| | Dressing | 20% |

Number of Facilities (as of February 23, 2005)

| | <u># Facilities</u> | <u># Units</u> | <u>% Facilities</u> | <u>% Units</u> |
|------------|---------------------|----------------|---------------------|----------------|
| Registered | 79 | 2,940 | 45% | 44% |
| Certified | 95 | 3,801 | 55% | 56% |
| Total | 174 | 6,741 | 100% | 100% |

Growth of RCACs

The number of RCACs grew from 89 to 174, or 96%, between Feb. 2000 and Feb. 2005. The number of RCAC units grew from 3,006 to 6,741, or 124% during that time.

Typical Cost (2003)

| | |
|---------------------|---|
| \$2,254/month | Average charge for typical resident in least expensive unit |
| \$535 - \$5,485/mo. | Range of charges reported in Feb 2003 survey |

Use by Medicaid Waiver Program and Family Care (as of March, 2004)

488 public pay RCAC residents
297 Family Care enrollees
191 Waiver participants
7% of RCAC units occupied by public pay residents