

2023 Assembly Joint Resolution 113

## **ENROLLED JOINT RESOLUTION**

**Relating to:** proclaiming February 2024 to be American Heart Month in Wisconsin.

Whereas, heart disease and stroke are responsible for over 20 percent of deaths in Wisconsin; and

Whereas, an estimated 80 percent of cardiovascular disease can be prevented; and

Whereas, increasing community awareness of the risks, such as diabetes, high blood pressure, high cholesterol, smoking, and lack of regular physical activity, can improve and focus prevention efforts in Wisconsin; and

Whereas, communities, health professionals, and families can work together to create opportunities for healthier lifestyles; and

Whereas, in addition to discussing smoking cessation if applicable, individuals should talk to their health care provider to learn about the following five numbers to better understand their risks for cardiovascular disease:

- 1. Total cholesterol
- 2. HDL (good) cholesterol
- 3. Blood pressure
- 4. Blood glucose (sugar)
- 5. Body mass index (BMI); now, therefore, be it

**Resolved by the assembly, the senate concurring, That** the legislature, in recognition of the importance of the ongoing fight against heart disease and stroke, does hereby proclaim February 2024 to be American Heart Month in Wisconsin.

Senator Chris Kapenga President of the Senate	Representative Robin J. Vos Speaker of the Assembly
	Edward A. Blazel