

**Chapter SPS 220****APPENDIX A****SUN-REACTIVE SKIN TYPES USED IN CLINICAL PRACTICES**

| Skin Type | Skin Reactions to Solar Radiation*   |
|-----------|--|
| I         | Always burns easily and severely (pain); tans little or none and peels   |
| II        | Usually burns easily and severely (painful burn); tans minimally or lightly, also peels                                  |
| III       | Burns moderately and tans about average  |
| IV        | Burns minimally, tans easily and above average with each exposure; exhibits IPD (immediate pigment darkening**) reaction |
| V         | Rarely burns, tans easily and substantially; always exhibits IPD reaction  |
| VI        | Never burns and tans profusely; exhibits IPD reaction  |

**Note:** Categories are based on the Fitzpatrick Skin Type Scale.

\*Based on the first 45–60 minutes (equals 2–3 minimum erythema dose) exposure of the summer sun (early June) at sea level.

\*\*Immediate pigment darkening refers to the skin's response to sun exposure that occurs within the first few minutes to a few hours after exposure to sunlight.