Wisconsin State Senate 24th Senate District



Serving Wood, Portage, Adams, Waushara, Monroe, and Jackson

PATRICK TESTIN STATE SENATOR

DATE:	January 8, 2020
RE:	Testimony on Senate Bill 582
TO:	The Senate Committee on Health and Human Services
FROM:	Senator Patrick Testin

Thank you members of the Senate Committee on Health and Human Services for accepting my testimony on Senate Bill 582.

Senate Bill 582 requires the Department of Health Services (DHS) to provide as a benefit and to reimburse peer recovery coach services under the Medical Assistance program. Additionally, it requires DHS to establish a program to coordinate care following a substance abuse overdose.

A peer recovery coach is someone who practices in the recovery field and provides support to individuals who are in treatment or recovery from mental illness or a substance use disorder. Typically, recovery coaches have real life experience of addiction and successful recovery.

The DHS program will facilitate overdose treatment providers to use peer recovery coaches to encourage individuals to seek treatment for a substance use disorder following an overdose; provide access to medications to reverse an overdose; coordinate care and treatment of individuals after an overdose; provide education to patients and families on preventing and reversing an overdose; and provide follow up services for patients.

To qualify for reimbursement, the peer recovery coach must provide services under the supervision of a peer supervisor and in coordination with a recipient's treatment plan. Peer recovery coaches must also complete extensive training before providing services.

As we look at reducing barriers to accessing treatment, peer recovery coaches will play a vital role in individuals sustaining treatment through immediate access to services, shared life experience, and the ability to meet people where they are.

Thank you again for listening to my testimony and I hope that you will join me in supporting this bill.



Senate Bill 582 – reimbursement for peer recovery coach services under the Medical Assistance program and coordination and continuation of care following an overdose. Senate Committee on Health and Human Services Testimony by State Rep. John Nygren January 8, 2020

While opioid deaths have decreased in 2018, and this should be celebrated, the battle is far from over.

In Wisconsin, we have relied on credible research to drive policy responses to the addiction crisis. According to the Substance Abuse and Mental Health Services Administration (SAMHSA), there are four proven dimensions of recovery: home, health, purpose, and community. When these elements are supported in someone's life through safe sober housing, access to Recovery Coach peer support services and a warm hand-off to community resources, and employment support and job training, real change can happen.

People in recovery from addiction and mental health know this first hand. The recovery experience points to the solutions, but so does the research that proves peer support is a cost-effective and successful way to support someone in or seeking recovery.

Research also indicates that when an individual receives peer support services in the Emergency Department following an opioid overdose, they are more likely to seek treatment or other services.

We know that in order to support the health of our families and communities, we need to take a holistic approach to support recovery. We need to continue to work with families to create solutions and support those that are already proven effective.

This bill requires the Department of Health Services to provide as a benefit and reimburse peer recovery coach services under the Medical Assistance program.

The bill also requires DHS to establish and maintain a program to encourage overdose treatment providers to do all of the following:

- Use peer recovery coaches to encourage individuals to seek treatment for a substance use disorder following an overdose;
- Provide access to medications to reverse an overdose;
- Coordinate and continue care and treatment of individuals after an overdose;
- Provide education to patients and families on preventing and reversing an overdose;
- Provide follow-up services for patients after an overdose to ensure continued recovery and connection to support services; and,
- Collect and evaluate outcomes data on patients receiving peer recovery coach services and coordination and continuation of care services.



DHS is required under the bill to seek any funding available from the federal government, including grant funding under the federal SUPPORT for Patients and Communities Act, to establish and maintain the program or establish the policies and procedures.

I often say recovery is a life-long endeavor and Recovery Coaches play an instrumental role in assisting individuals on their path to a sober life. As you'll hear from those in the recovery community today, this bill will have a lasting impact in Wisconsin.

I encourage you to ask questions of those who work directly in this space, individuals who are in recovery who have a unique perspective on these topics.



State of Wisconsin Department of Health Services

Tony Evers, Governor Andrea Palm, Secretary

TO: Members of the Senate Committee on Health and Human Services

FROM: Lisa Olson, Legislative Director & Paul Krupski, Director of Opioid Initiatives

DATE: January 8, 2019

RE: The HOPE Agenda: SB 582 relating to reimbursement for peer recovery coaches, SB 591 relating to registration of recovery residences, SB 594 relating to opioid antagonist administration in jails, SB 600 relating to physical health services and acupuncture under Medical Assistance

Good morning, Chairman Testin and members of the Senate Committee on Health and Human Services. My name is Lisa Olson and I am the Legislative Director at the Department of Health Services (DHS). I am joined today by Paul Krupski, DHS' Director of Opioid Initiatives. Paul has held this position since it was developed in 2017, coordinating the Department's response to the opioid crisis in partnership with the legislature, the Governor's office, and the many stakeholders across Wisconsin.

We are here today to speak on the latest package of HOPE Agenda bills, and offer the Department's continued commitment to support Substance Use Disorder prevention, treatment and recovery efforts statewide.

Wisconsin's fight against the opioid crisis has been a partnership between State government and providers at all levels: federal, state, county, tribes, and local. This collaboration has engaged a variety of stakeholders and funders and has enabled the Department to invest in strategies and programs across the continuum of care: prevention, intervention, treatment, and recovery. Wisconsin's legislative response to the opioid crisis, led by Representative Nygren's HOPE agenda, has also been vital to combatting the opioid crisis. Through these combined efforts, we are beginning to see positive outcomes. This package of HOPE legislation will build upon prior efforts to combat the opioid crisis.

Senate Bill 582 requires the Department to reimburse peer recovery coach services as a Medicaid benefit, and to maintain a peer recovery coach program. The Department is broadly supportive of efforts to include recovery coaches, peers, and rehabilitation workers as part of a treatment and recovery team. Today, the Department oversees the Certified Peer Specialist program. Over 1,000 Certified Peer Specialists statewide, trained and certified by the Department through partnerships with UW-Milwaukee and Access to Independence, provide support to people receiving services related to mental health and/or substance use challenges in an integrated model. Certified Peer Specialists are supervised by a licensed mental health professional, and therefore are able to provide billable services through the Comprehensive Community Services (CCS) program.

Recovery Coaches are also widely leveraged in Wisconsin as a valuable resource. Through federal grant dollars, DHS funds the ED2Recovery program which leverages both Recovery Coaches and Peer Specialists to help opioid overdose survivors engage in treatment and avoid future overdoses. The Department will continue to seek federal grant funding for these programs, however, the Medicaid program is unable to draw down federal Medicaid matching funds for peer-provided services unless that individual is supervised by a licensed mental health professional.

Were SB 582 to pass in its current form, peer recovery coaches would be entirely GPR funded because the bill does not propose they be supervised by a licensed mental health professional, rather by another peer with certain training. With some changes, there may be opportunity to draw down federal matching funds and better preserve the existing workforce by either building upon our existing Certified Peer Specialists infrastructure, or by providing DHS with additional oversight of the training and other requirements so that the Department can align it with the existing infrastructure. We are happy to continue to work with the authors on creative solutions that promote sustainable peer-based services.

Senate Bill 591 requires the Department to establish and maintain a registry of approved recovery residences. We know that safe and stable housing is critical to recovery from any substance use disorder, including opioid recovery. While we do not currently maintain a registry of recovery residencies, we understand that for a variety of reasons, many do not accept those receiving medication assisted treatment. The Department recognizes Medication Assisted Treatment (MAT) as a valid, evidence-based therapy that, when used in combination with other behavioral therapy, can be an effective tool to treat substance use disorders. We also recognize that recovery is different for everyone, and know we must carefully consider the impact of creating a statewide registry of residences which, as a prerequisite to receiving state or federal pass through funding, must not exclude a resident solely on the basis that they are participating in MAT. The legislature will need to weigh the potential unintended consequences of eliminating state funding for current sober housing options that do not allow their residents to use MAT.

Senate Bill 594 requires DHS to work in consultation with DOC to study the availability of MAT in prisons and county jails, and ultimately propose a pilot project to make all forms of MAT available in at least one prison or county jail. Recognizing the effectiveness of MAT, the Department believes the information gathered throughout this study, and ultimate construction of a pilot will be useful in building a path to recovery that begins prior to an individuals' release.

Finally, Senate Bill 600 would allow for reimbursement of acupuncture services as well as an increase in reimbursement for physical health services within the Medicaid program. DHS, as directed by the legislature, has previously studied best practices for physical health services and the impact those services have on prescription and over-the-counter drug usage by individuals within the Medicaid program. The Department supports efforts to reimburse providers for non-opioid and non-pharmacological pain management techniques.

DHS values the strong commitment and partnership with the state legislature to address not only the opioid crisis, but all substance use issues affecting Wisconsinites. In 2018, Wisconsin saw a 10% decrease in opioid related deaths; a decline from an all-time high in 2017 and the first significant decrease in almost 20 years. Wisconsin also experienced a 20% decrease in opioid-related emergency room hospitalizations in 2018. Opioid-related inpatient hospitalizations have decreased in the past two consecutive years. The Prescription Drug Monitoring Program, which would be extended under Senate Bill 581, has provided us with critical information to inform our decision making on next steps, and we also support the extension of this program. Thanks to the PDMP, we know that Wisconsin has experienced a nearly 30% decrease in opioid prescriptions from 2014 to 2018.

These statistics give us reason to be hopeful that Wisconsin is gaining traction in the fight to end the opioid crisis in our state, even if there is still much more to be done. While we believe there are some areas of the package that would benefit amendments, the Department believes that the direction of this HOPE legislation will boost the positive outcomes we are seeing in Wisconsin and provide some new approaches to reduce the number of individuals and families affected and place more people on the journey towards recovery.



Wisconsin Medical Society

Your Doctor. Your Health.

TO: Senate Committee on Health and Human Services

FROM: Ritu Bhatnagar, MD, MPH, Medical Director, NewStart Addiction Services at Unity Point Health Meriter Hospital

DATE: January 8, 2020

RE:

Support for HOPE Legislation

SB 581 – Prescription Drug Monitoring Program Extension

SB 582 - Peer Recovery Coaches

SB 591 - Recovery Residences and State Employee MAT

SB 594 – Medication Assisted Treatment (MAT) for Prisons and Jails

SB 600 – Physical Health Services

Good afternoon Mr. Chairman and members of the Senate Health Committee. My name is Dr. Ritu Bhatnagar. I am a licensed psychiatrist specializing in addiction psychiatry. I completed my advanced training at the University of Wisconsin here in Madison. For the last seven years, I have been working at NewStart, Unity Point Hospital (UPH) Meriter Hospital's addiction treatment service branch, and I have been the Medical Director there since 2015. I am also an adjunct professor with the University of Wisconsin Department of Psychiatry and involved with the Addiction Psychiatry Fellowship. Additionally, I am president-elect of the Wisconsin Society of Addiction Medicine (WISAM). I am here today on behalf of the Wisconsin Medical Society to testify **in support** of the most recent round of the Heroin, Opioid Prevention and Education (HOPE) bills.

Wisconsin has been a leader in tackling the opioid crisis that has afflicted so many in our community. As the state's largest physician organization, the Wisconsin Medical Society has been a vital partner with the Legislature to create solutions to the opioid crisis and to help those who are struggling with addiction. Physicians across all specialties throughout Wisconsin have witnessed first-hand the impacts that addiction has had not only on our patients, but also their families and our communities. The Society has worked tirelessly to promote education of opioid treatment throughout the state with the goal of improving both physician practice and patient outcomes. However, much work remains to be done.

This most recent round of HOPE legislation focuses on increasing access to treatment for those suffering from opioid addiction. Specifically, we are supportive of both SB 591 and SB 594 which would increase the use of medication assisted treatment (MAT) for prison populations and create needed employee protections for those under a prescribed MAT program. MAT is an evidence-based treatment that not only enables those suffering from opioid use disorder to manage their addiction and related behaviors but allows them to live productive and meaningful lives. I have seen this seemingly miraculous transition in my practice. MAT comes in many forms (methadone, buprenorphine, and naltrexone) and is a critical component of a successful opioid treatment program. Increasing access to MAT, particularly for at-risk populations, will not only help those who would likely suffer from withdrawal and/or relapse but are a foundation for continued sobriety. Maintaining this coverage after the person is discharged from prison is essential to maintain these benefits and

reduce the risk of fatal overdose. This risk is highest in the time immediately following release from an institutional setting.

We are also supportive of the use of recovery residences under SB 594 to help those who suffer from opioid use disorder integrate back into their communities. It is critical that the medications that have been helpful in maintaining recovery be allowed at these locations to more readily allow people with addiction manage their return to being productive members of society.

The Society is also supportive of the concept of properly trained and certified peer recovery coaches, another evidence-based adjunct to treatment for opioid use disorder, as laid out under SB 582. The 2018 report from Pew Charitable Trusts recommended the increased use of peer recovery coaches and recovery specialists as a viable means to help coordinate care for patients upon their discharge for an overdose and to increase the chance of connecting to life-saving treatment.¹ Additionally, a study from the Academy of Emergency Medicine also shows that the use of a peer recovery coache along with distribution of naloxone from the emergency department is an intervention that is acceptable to the patient, connects them to treatment and is a method that can be maintained over time.² The use of peer recovery coaches is growing in terms of its evidence base and has been shown to be a low-cost, valuable tool to help those suffering from addiction. These coaches connect with people when they are faced with the most severe consequence of their use and often have the highest motivation to follow through with getting needed help. I feel relieved when I hear about patients being connected to recovery coaches in the emergency department as I have greater confidence that the person will present to the clinic for ongoing care. These innovative approaches certainly deserve to be recognized, legitimized and reimbursed.

The Society supports the extension of the use of the Prescription Drug Monitoring Program requirement as stated in SB 581. Opioid prescriptions have steadily decreased by 35 percent since 2015, according to the most recent data from the Controlled Substances Board.³ This decrease shows that the requirement to check the PDMP has had the intended effect of reducing opioid prescribing. Checking the PDMP can also be used to improve decision making in a clinical encounter. It is the hope of the Society that checking the PDMP becomes a best practice for physicians in Wisconsin, and that ultimately this legal requirement would no longer be needed. However, we support the extension pending future conversations and data.

Lastly, we are in support of SB 600, which would cover non-pharmacological treatments for pain for patients who receive BadgerCare. As opioid prescribing has been reduced, it is critical that physicians and patients have access to effective non-pharmacological treatments for pain. The modalities discussed in the bill: physical therapy, chiropractic and acupuncture, have increasing evidence of benefit for some common pain concerns that had increased the demand for and use of opioids in past years.

These bills are thus well timed to continue addressing the impacts of the opioid crisis. I thank the Committee for giving me the opportunity to testify in support of this important legislation.

¹ "Substance Use Disorder Treatment Policy Recommendations for the State of Wisconsin; Final Report-July 2018," *Wisconsin State Legislature*, accessed January 5, 2020, <u>https://legis.wisconsin.gov/assembly/hope/media/1161/</u> wisconsin-final-report-final.pdf.

- ² EA Samuels et al. "Adoption and Utilization of an Emergency Department Naloxone Distribution and Peer Recovery Coach Consultation Program," *Academy of Emergency Medicine* 26, no. 2 (2019): 160-173, doi: <u>10.1111/acem.13545</u>.
- ³ "Wisconsin ePDMP Report 8, Quarter 1, January 1-March 31, 2019," *Controlled Substances Board*, accessed January 5, 2020, <u>https://pdmp.wi.gov/Uploads/2019%20Q1%20CSB.pdf</u>.

TO: Assembly Committee on Substance Abuse and Prevention and Senate Committee on Health and Human Services

January 8, 2020

Hello. My name is Jenny Souviner Hallett. I am a registered voter who lives in Milton, Wisconsin. I want to thank everyone on the Assembly Committee on Substance Abuse and Prevention and The Senate Committee on Health and Human Services for giving me the honor of speaking with you today.

My loving 26 year old daughter, Brittany Rose Hallett, died from addiction to alcohol on November 5, 2014. **(((Here is her PHOTO)))** She was a straight A student her entire life and she was very family-oriented. She didn't deserve to die from something so preventable.

Addiction is not a moral failing. It is something that happens TO YOU. I recommend that all of you watch a powerful video by Neuroscientist Dr. Stephen Dewey that you can find on the Internet. He uses PET Scan Imaging to explain how different substances affect different parts of the brain. It explains exactly what I witnessed my Brittany going through.

Some of MY THOUGHTS about Senate Bill 591 and Assembly Bill 646:

<u>Regarding the Registry of Recovery Residences</u>.....Every time I called 911 for my daughter when she was overdosing on alcohol, I begged the police officers and the medical personnel....to please tell me where I could send her to get her help, but no one had any answers. There needs to be an easy path to finding reputable Treatment Providers and also reputable Recovery Residences. These places need to be held to high standards and they need to be monitored to make sure that they stay in compliance. They also need to be promoted so that people can find them.

Each time that I called 911 for my daughter, I should have been told about and received a brochure about registered reputable Treatment Providers and reputable Recovery Residences. My daughter was too cognitively incapacitated to make those kinds of decisions for herself. If I had been given those resources, I could have moved Heaven and earth to get her to go to those providers and eventually to a recovery residence if only I had been given a way to know which places were reputable. I am so thankful for this Bill that will help others find reputable recovery residences. I just hope that you can also create a Treatment Provider Registry as well. And these registries need to let people know which ones take what types of insurance. And insurance carriers need to cover long-term treatment options.

<u>Regarding the State Employee Discipline part of this bill-</u> It breaks my heart to think that someone could be disciplined for using Medication Assisted Treatment that is literally saving their life. My daughter was addicted to alcohol and she died from it. I would give everything I own to have her back and under some sort of medication that could keep her alive. It's so important to help people live productive lives. They should not be punished for taking a prescribed medication that helps them manage their disease.

MY THOUGHTS about Senate Bill 582 and Assembly Bill 650):

<u>Regarding Peer Recovery Coaches</u>.....I cannot express enough how important Peer Recovery Coaches and also Certified Parent Peer Specialists (CPPS) are.... precisely when someone is experiencing an overdose. It is at this time, that they are most likely to accept help. I hope that Recovery Coaches will also be available to people overdosing from the legal drug of alcohol as well. When I think of all of the times that I sat in the emergency room with my daughter, I wish wholeheartedly that they had brought in a Recovery Coach to let her know that there was hope. She might have listened to them in her darkest hours, but she was never given that life-saving support. TO: Assembly Committee on Substance Abuse and Prevention and Senate Committee on Health and Human Services

I might add that it is just as critical to offer Certified Parent Peer Specialists, to help the loved ones of the addicted person. The loved ones usually are the strongest ally in trying to help the person get into recovery. We need to utilize their devotion and energy by giving them access to a Certified Parent Peer Specialist to help them explore possible options that might help the addicted person that they love. I took the Certified Parent Peer Specialist training this year and I am just waiting for the next available date for taking the Wisconsin state exam to become an official CPPS.

I wish I had had someone to lean on and ask questions of when I was dealing with my daughter's addiction to alcohol. The loved ones are usually lost in the shuffle. Their love and devotion should be harnessed to allow them to become informed about possible options so they can help the person that they love who is struggling with addiction. My daughter was too cognitively incapacitated to make informed decisions about her treatment options. If I could have had someone help me navigate the system to find good reputable AND AFFORDABLE treatment providers and then Recovery Residences, my daughter would probably still be alive. If I had had access to a Certified Parent Peer Specialist, they could have speeded up my learning curve to help me find resources that would help my daughter.

Thank you for any help in bringing Recovery Coaches and hopefully also Certified Parent Peer Specialists in to help those needing guidance in their darkest hours. My daughter needed someone to guide her out of the darkness. These people might have saved my daughter's life. I believe this strongly enough, which is why I am becoming certified to be able to help others in need. I want to become that person that I desperately needed myself when I was trying to save my own daughter's life.

I would like to thank every member here for listening to me and for considering what I have said. Please implement my suggestions that I believe will help save many lives in Wisconsin every year. This is my daughter's legacy! I love you forever sweet pea Brittany Rose!

My Contact Information:

Jenny Souviner Hallett 10755 N Bay Shore Lane Milton, WI 53563 JSH238JSH@gmail.com 608-290-6555

My website with a link to a special Facebook page: <u>www.BrittanysACAP.com</u> My YouTube channel: Brittany's Alcoholism Counseling and Prevention with videos of me speaking. Please let me know if I can ever help you in any way!







Brittany Rose Hallett

TESTIMONY JANUARY 8, 2020

Good Morning & Thank you for the opportunity to share my thoughts & support for these series of bills. My name is Michael Kemp from West Bend Wisconsin, & I have been an Addiction Professional for almost 35 years. I have worked in all levels of care in treating addiction & cooccurring disorders in Wisconsin. I hold both state & national credentials for addiction services. In addition, I am the Public Policy Committee co-chair for NAADAC. NAADAC, the Association for Addiction Professionals, represents the professional interests of more than 100,000 addiction counselors, educators and other addiction-focused health care professionals in the United States, Canada and abroad. NAADAC's members are addiction counselors, educators and other addiction-focused health care professionals, who specialize in addiction prevention, treatment, recovery support and education. An important part of the healthcare continuum, NAADAC members and its 47 state and international affiliates, of which Wisconsin is one, work to create healthier individuals, families and communities through prevention, intervention, quality treatment and recovery support.

Addiction has been recently redefined by the American Society of Addiction Medicine as "a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences. Prevention efforts and treatment approaches for addiction are generally as successful as those for other chronic diseases".

We know how to treat progressive, chronic diseases. Because of this science, we have seen death rates drop for cancers, diabetes, heart disease, etc. It involves the correct level/ dosage of care as needed that has treatment by professionals, medication as needed, support & auxiliary services as determined by the individual & their TX providers. We see that with most of these chronic diseases, there is recommendation for check-ups yearly. Yet, due to the societal discriminations about addiction, we fail to provide this type of care to the majority of people who have addiction. We have yet to truly implement parity in insurance coverages, accountability in treatment services, and follow the science that shows a path to successful recovery from this disease. I have seen individuals with addiction recover because they got the care they needed. Sadly, they are the minority, since our country does not have the treatment and recovery support infrastructure it so desperately needs. Five years of sustained recovery from substance use is the benchmark: 85% of people who achieve that remain in recovery for life. So it makes no sense to me that we aren't designing our care systems around this goal.

According to the National Institute on Drug Abuse, treatment "for less than 90 days is of limited effectiveness, and treatment lasting significantly longer is recommend for maintaining positive outcomes." Few Americans get anywhere near 90 days of care. Within the confines of existing insurance networks, short-term treatment of 28 days or less is all that most Americans are offered — if they can get any help at all. This ultimately reflects the soft bigotry of low expectations: an inadequate care system designed to deliver less than what people need because we still moralize addiction. An adult with an addiction also needs 90 days of evidence-based care in a

1-8-2020

To Senate Committee on Health and Human Services

Senator Testin (Chair), Senator Kooyenga (Vice-Chair), Senator Jacque, Senator Erpenbach, Senator Carpenter

I want to thank members of the Health and Human Services Committee for having this public hearing. I am speaking out as an advocate for substance use recovery today.

My name is Jesse Heffernan and I am a person in long term substance use and mental health recovery for 19 years. I have lived in Appleton, WI for almost 40 years. I am the co-owner of a training and consulting business called Helios Recovery Services and recently became the Chief Advocacy and Recovery Officer for the Telehealth Recovery Network.

As a registered voter and person in recovery, the issue of funding recovery support services is very important to me. We are at the point in our state to remove stigma, barriers, and antiquated polices for regulation of peers and coaches. It is time to develop a new field of recovery support services that will fill in the cracks of our system, create jobs and provide individuals with a livable wage for meaningful work.

I have spent my recovery journey in service to the community in several capacities. Some of those roles have been:

coordinated recovery support activities, events and statewide conventions

brought recovery support meetings into jails and institutions

co-facilitated the first youth specific recovery support group in NE WI

help create one of the state's recovery community centers (Solutions Recovery Center Oshkosh)

served as an AmeriCorps Fellow for WI Assoc. of Homeless and Runaway youth services

program director for one of Wisconsin's 3 Mental Health respite facilities

helped develop and train coaches for Wisconsin's first Recovery Coach AmeriCorps program called Recovery Corps

trained Recovery Coaches for over 5 years

sat on the States Certified peer specialist curriculum review and development committee

consulted with several communities, non-profit organizations and counties on integrating recovery coach and peer services.

Served as a member of Governor Walkers Opiate Task Force

currently a member on the board of directors for the youth prevention organization RISE TOGETHER.

Last year on April 3rd, I, along with over a 150 recovery advocates, family members, and community leaders came to Madison, WI for the first Recovery Alignment Day. The legislative priorities we introduced included 3 of the initiatives in the new HOPE Bills. Specifically, I Would like to talk about and express my support for SB582 the reimbursement for peer recovery coach services under the Medical Assistance program and coordination and continuation of care following an overdose.

There are an estimated 400-500 trained recovery coaches in the state of WI and an even greater amount of certified peer specialists. The recovery community and the recovery support workforce know what works and has stepped up in recent years to provide solutions. One of the biggest barriers is a serious lack of infrastructure and funding for the effective support of people once in recovery.

Since the beginning of the recognition by the state of the peer role in WI, there has not been a code created for direct insurance billing or use of nationally recognized standards for coaches or supervisors. This has limited WI peer workforce employment as a coach or peer, and prevented certified individuals in WI from being recognized elsewhere in the United States.

Plainly stated, as a response to the needs of Wisconsin citizens who are struggling with substance use, their families and their communities, I am asking the state to prioritize funding for recovery support services that will save lives. Investing in recovery also saves dollars as many people in recovery give back to their communities and become tax-paying, productive members of society.

I am asking you to fully support the language as it is currently written in SB582 and all the HOPE Agenda bills that are being introduced. This package of bills, as former version has created life saving, public health and public safety options to build thriving recovery communities across Wisconsin.

Thank you again for your time.

Jesse Heffernan RCP Chief Advocacy & Recovery Officer Telehealth Recovery Network / Recovery at Hand j.heffernan@telehealthrecovery.com 920-680-5991

Supporting Links:

CMS SMDL #07-0 11 https://www.integration.samhsa.gov/workforce/CMS letter with date.pdf

CMS Expands Types Of Practitioners Providing Medicaid Preventive Services

https://www.integration.samhsa.gov/workforce/Clip-IHR-CMS_Expands_Types_of_Practitioners_-DEC2013-.pdf

SMD # 18--011 RE: Opportunities to Design Innovative Service Delivery Systems for Adults with a Serious Mental Illness or Children with a Serious Emotional Disturbance

https://www.medicaid.gov/federal-policy-guidance/downloads/smd18011.pdf

EQUIPPING BEHAVIORAL HEALTH SYSTEMS & AUTHORITIES TO PROMOTE PEER SPECIALIST/PEER RECOVERY COACHING SERVICES

https://www.integration.samhsa.gov/workforce/team-members/Equipping_BH_Systems -Authorities to Promote Peer Specialists Peer Recovery Coaching_Services.pdf

Supervision Recommendation

Supervisors need clear guidance about the roles of peer specialists and recovery coaches, as well as training in how to supervise and support peers/coaches and help them with workplace challenges. Many supervisors need training in how to support peer staff in maintaining their own recovery and how to deal with relapse. While peers may need administrative supervision to help them manage the demands of the workplace (e.g., record keeping, work schedule), they also need supervision from senior, experienced peers/coaches who can teach and reinforce critical competencies and help with problem solving. A peer supervisor can also share experience, strengths, and hope when the job seems overwhelming. With this being said, WI has the opportunity to define the scope of a mental health professional in a new billing code under DHS Medicaid. Recent examples include both Texas and Oregon:

<u>Texas Qualifications for Peer Supervisors</u> The rules include the following supervisor option in order to ensure peer specialists are able to provide supervision:

A Qualified Peer Supervisor must:

- · Be a certified peer specialist; and
- Have one of the following combinations:
- High school diploma or GED and at least:
- •Four years of work experience as a peer specialist or peer recovery coach; or

• Two years of work experience as a peer specialist or peer recovery coach, and at least two years of work experience supervising others; or

• Associate degree from an accredited college or university and at least two years of work experience as a peer specialist or peer recovery coach.

Oregon Qualifications for Peer Supervisors OAR 309-019-0100:

(82) "Peer Support and Peer Wellness Specialist Supervision" means supervision by a certified PSS or PWS with at least one year of experience as a PSS or PWS in behavioral health services or supervision by a qualified PSS/PWS supervisor and a qualified clinical supervisor. The supports provided include guidance in the unique discipline of peer delivered services and the roles of peer support specialists and peer wellness specialists



January 8, 2020

TO: Chairman Patrick Testin

Members of the Senate Committee on Health and Human Services

RE: Senate Bill 581: the prescription drug monitoring program, Senate Bill 582: reimbursement for peer recovery coach services under the Medical Assistance program and coordination and continuation of care following an overdose, Senate Bill 591: registration of recovery residences and disciplinary action against a state employee who is receiving medication-assisted treatment, Senate Bill 594: opioid antagonist administration in jails and medication-assisted treatment availability in prisons and jails, and Senate Bill 600: physical health services and acupuncture under Medical Assistance program and making an appropriation

On behalf of the Wisconsin Primary Health Care Association (WPHCA), I am writing to express support for the package of bills related to substance use and recovery services for Wisconsinites. These include: Senate Bill 581, 582, 591, 594 and 600.

WPHCA is the membership association for the 17 Community Health Centers (also known as Federally Qualified Health Centers, FQHCs) in Wisconsin. Community Health Centers are private, non-profit organizations that provide access to primary medical care, dental and behavioral health services including Substance Use Disorder (SUD) treatment. Health Centers play a significant role in providing Wisconsinites with the specialized care for SUD they would not have access to otherwise.

The Wisconsin Primary Health Care Association believes that this package of legislation will help to:

- Expand access to additional treatment options outside of pain medication for Medicaid patients by offering Medicaid reimbursement for acupuncture treatment and services provided by physical therapists and chiropractors (SB 600).
 - Three Health Centers provide chiropractic services and a few provide physical therapy. According to Health Centers, these services have been well received by patients as alternatives to prescription drug pain management. Currently, a couple of Health Centers provide acupuncture services and more Health Centers are exploring the option. Health Center reimbursement for acupuncture at the same rate of reimbursement for physical therapy and chiropractic services would help in the expansion of this treatment option.
- Expand access to the important support and coordination services of Peer Recovery Coaches through Medicaid reimbursement (SB 582).
 - Health Centers are in the business of providing whole patient care and that extends to their SUD services as well. This means that health centers employ or work with care coordinators, Peer Recovery Specialists, and Community Recovery Specialists to support patients as they navigate multiple systems in their treatment and recovery journey.

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- WPHCA supports the reimbursement of Peer Recovery Specialists and requests that the legislation include Community Recovery Specialists and other providers with similar training and certification as Peer Recovery Coaches, and extend the utilization and reimbursement of care coordination services beyond an overdose encounter. Patients should have access to comprehensive care however they come into the treatment and recovery process.
- Extend new options to provide overdose treatment and increase access to SUD services, specifically Medication Assisted Treatment, for vulnerable populations (SB 594).
- Support prevention efforts through continued support of the prescription drug monitoring program (SB 581).
- Support policies that serve to help individuals in their treatment and recovery and reduce the stigma associated with substance use treatment (SB 591)

Health Centers who received HOPE funding in 2015 (Family Health Center of Marshfield with the HOPE Consortium and NorthLakes Community Clinic) saw the number of individuals they are providing treatment go from 20 in 2015 to 597 in 2018, with the number of pregnant women being served reaching 48 in 2018 (Opioid and Methamphetamine Treatment Centers: 2019 Report to the Legislature). The latest data collected for all Wisconsin Health Centers shows that between 2017 and 2018 the number of individuals receiving opioid use disorder (OUD) treatment services at a Wisconsin Health Center nearly doubled, from 429 to 769 (HRSA Uniform Data System). With more Health Centers having expanded their SUD treatment and recovery services in this past year we expect this number to grow. With the legislature's support for SUD program sustainability, Health Centers are hopeful that no person in need of treatment in Wisconsin will go without.

Sincerely,

Auphanie Harrison

Stephanie Harrison, CEO Wisconsin Primary Health Care Association

ABOUT WPHCA:

WPHCA is the membership association for Wisconsin's 17 Federally Qualified Health Centers (FQHCs) also known as Community Health Centers (CHCs). Community Health Centers work to create healthier communities by improving access, providing quality health care and reducing health disparities for Wisconsin's underserved and low-income populations. Our aim is to ensure that all Wisconsinites achieve their highest health potential. We execute our mission and focus our aim through providing training and technical assistance to Wisconsin's Community Health Centers and advocating on their behalf.

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