

2019 Assembly Joint Resolution 3

## **ENROLLED JOINT RESOLUTION**

**Relating to:** proclaiming February 2019 to be American Heart Month in Wisconsin.

Whereas, cardiovascular diseases are the number one killer of women in Wisconsin and in the United States; and

Whereas, cardiovascular disease kills approximately one woman every hour in Wisconsin and one woman almost every 80 seconds in the United States; and

Whereas, about 80 percent of cardiovascular diseases may be prevented; and

Whereas, some risk factors such as blood pressure, smoking, cholesterol, and lack of regular physical activity can be controlled; and

Whereas, the American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular diseases and stroke; and

Whereas, Go Red For Women encourages women to take control of their heart health by knowing the following five numbers that can be life changing:

- 1. Total Cholesterol
- 2. HDL (good) Cholesterol
- 3. Blood Pressure
- 4. Blood Sugar
- 5. Body Mass Index (BMI); now, therefore, be it

**Resolved by the assembly, the senate concurring, That** the legislature, in recognition of the importance of the ongoing fight against heart disease and stroke, does hereby proclaim February 2019 to be American Heart Month in Wisconsin.

Senator Roger Roth President of the Senate	Representative Robin J. Vos Speaker of the Assembly
Date	Patrick E. Fuller Assembly Chief Clerk